



**Customer information and consent regarding
Hair removal using Pulsed Light**

PRINCIPLE:

The Dermeo pulsed light system is a hair removal system using intense pulsed light, applying the principle of photodepilation, according to which pulses of light are sent selectively to target hair follicles so that their temperature increases, thus leading to the thermal destruction of germ cells. Each follicle goes through an active growth phase ('anagenic'), followed by an intermediate phase (catagenic), and finally a terminal dormant phase (telogenic). The cells in the active growth phase (anagen) are the most receptive to thermal destruction. As the hair follicles in the target region are composed of cells in the three developmental phases, it is logical to apply several repeated treatments in order to achieve thermal destruction of all the follicles.

PURPOSE:

To cause a permanent, stable and long-lasting reduction in the hair on phototypes I to IV by selectively targeting the melanin stored in the hair follicles. Permanent reduction of the hair is defined as a stable and long-lasting reduction in the number of hairs that grow back after one year of treatment. The rate of non regrowth can be at least 80% and more over several sessions. About 4 to 9 sessions and sometimes more are needed, depending on the location on the body (face, arms, armpits, bikini area, back, etc.), the hair colour (light brown, brown, dark brown, black, etc.), the contrast between skin colour and hair colour and the thickness of the hair (thin, medium, thick, etc.).

The best results obtained after a complete treatment series are 80% to 90% non regrowth, 12 months after the end of the last treatment. In addition, the remaining hair is finer and lighter.

Reduction of the hair is likely to be noticeable at the end of the third treatment and in this case the intervals between the sessions can be spaced naturally at every 3 to 4 months.

The monitoring period is 12 to 18 months on average, except for the upper lip, where it is about 6 months.

After treatment (a single pass over one region) most often 20 to 40 % of hairs in the treated area have been eradicated.

PRIOR TO ANY HAIR REMOVAL SESSION:

I am providing the following information:

- 1- My medical history, particularly in terms of diabetes, keloid scarring, herpes, lupus, epilepsy and medications taken, in order to check that there are no photosensitizing or weakening medications included.
- 2- The reaction of my skin to exposure to sun so that my phototype can be established.

I undertake to respect the following instructions:

- 1- Not to tan: not to expose myself to the sun or to tanning lamps for one month directly before treatment.
- 2- Not to take medications, except for the oral contraceptive and thyroid hormones - if I am taking medications I must supply a medical certificate of suitability.
- 3- Not to apply essential oils to my skin nor to apply self-tan in the week immediately before the treatment.
- 4- Not to remove hairs by waxing, nor mechanical methods, for at least one month prior to treatment (because this means removing the treatment target area).
- 5- Shaving, cutting or applying depilatory mousse or cream one or two days before intense pulsed light treatment.
- 6 - Not using make-up, nor applying perfume to the area to be treated.
- 7- Removing contact lenses for the treatment as well as any hearing aid equipment.

SIDE EFFECTS:

The most frequent side effects are:

- 1- Moderate pain in a prickling sensation with each implementation of the light, or like elastic snapping against the skin, a sensation of heat that may last nearly an hour after treatment.
- 2- Change in skin colour: redness disappears in a few hours.
- 3- Moderate oedema immediately after treatment disappearing in a few hours – a longer lasting effect is rare (about 3 to 7 days).
- 4- Rarely, blisters - crusting lasts a few days – (about 5 to 10 days).
- 5- Hyperpigmentation: especially on dark skins and after exposure to the sun, regressing in 3 to 6 months, rarely permanent
- 6- Hypopigmentation: on dark skins sometimes spontaneously. Usually regresses within a few months. Rarely permanent.
- 7- Extremely rarely, scars – often after multiple treatments – or failure to follow post-treatment care instructions.



Appendix

8- Skin fragility in the area treated or nearby areas: avoid wearing make-up or rubbing the skin, if this is the case, as there is a risk of injury.

9- Bruising: a bruise may form in the treated area and may take 5 to 15 days to disappear. As the blue colour fades, the skin may take on a rusty brown tone, which will disappear after one to three months.

10- Exceptionally, hair remaining on some 'Non-Responding' patients, who are unable to be treated successfully by intense pulsed light or on some areas of the body, referred to as 'hormone-dependent'. The hair removal treatment series can be cancelled after 5 sessions without any results (1 to 2 % of people).

AFTER ANY HAIR REMOVAL SESSION:

1- No exposure to sun for at least 30 days and application of a complete sunscreen.

2- No immediate application of deodorants or fragrance if the skin is sensitive or irritated.

3- Soothe red patches with application of post-treatment gel or desensitizing spray.

4- In the event of blisters or oedema consult your Doctor who will prescribe a special cream.

5- Do not pick the hair out using mechanical means (no use of tweezers, waxing, electrical depilation or electrolysis) because this would stimulate the hair growth cycle!

INTERVAL BETWEEN SESSIONS:

1- Respect the following intervals between sessions for the first 2-3 sessions:

- for the face, often one month or one and a half months.

- for the body, often two month or two and a half months.

2- then wait for the period that corresponds to the growth cycle: it is important to apply treatment again as soon as hair appears.

COST PER SESSION:

The session price is displayed for customers to see and will depend on the area treated. The session price may be reduced as part of a promotion or with payment for a fixed price package.

Please remember that no refunds are available for hair removal using intense pulsed light.

ON THE DAY OF YOUR TREATMENT:

Please be sure to arrive 5 to 10 minutes before your appointment time. Appointment times are precise and must be kept. Inform reception when you arrive.

In signing this document, I confirm that I have read and understood all the information above and have been correctly informed about the different treatment options and the potential treatment risks entailed in use of intense pulsed light. I give my consent freely that treatment using intense pulsed light should be performed by and I authorize the taking of photographs for my file to be used anonymously in the context of education or scientific publications, for medical research.

Location: Date:

Handwritten wording:

'Received before services commenced'

Customer signature:

Location: Date:

Handwritten wording:

'Accepted after due consideration'

Customer signature: